

YOUR NEXT APPOINTMENT

With: _____

Date: _____

Time: _____

Location: _____

About: _____

What to bring:



CHECKLIST:

- Set a reminder for your appointment in your calendar (phone and / or paper)
- Write down the route of how to get your appointment.
- If you're driving, figure out where you will park.
- If you're on public transit, figure out the route schedule.
- Bring the items needed for your appointment
- Additional: